Coach Supervision /coaching session's feedback for Phil Ridgwell

I am striving to improve my competencies, sensitivities and curiosity. As you have been coached or supervised by myself I would request feedback on this, for my growth and development; what worked, what didn't work, what should I work on or change for next year and what would be my stretch for next year. What could I have done to make the sessions better for you, more meaningful, more impactful or more transformational. Any feedback, whether "good" or "bad", is always welcomed.

Date;		
What worked for you?		
What did not work for you?		
What should I work on or change for next year?		
what would be my stretch for next year		
Other comments:		
Name (optional);		

Disagreements, Discomforts and Conflicts

The parties agree that any ethical dilemma encountered during the course of the professional relationship will be referred to a suitably experienced supervisor/coach/mentor or member of the

ICF or Comensa ethics committee. The full ethics and complaints procedure can be obtained from the ICF or Comensa websites.